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SALE
FREE ISSUE

TOP 5'S

- Spots to meet the one in **Victoria Island**
- How to Conquer long queues at Nigerian Airports

AMAZING **CANCER**
PREVENTING **FOODS**
PAGE 19

...exclusive Interview

The other side

Dr. Olakunle Churchill

...craves To Celebrate Birthday With Son
...mother & Child Missing For Days
...all Access To Tonto Dikeh Denied
...responds to trending blackmail



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Editor's NOTE

Its yet another of TOAST magazine Nigeria, On this issue we have a seasoned businessman, Philanthropist, and activist Dr. Olakunle Churchill on our cover.

Olakunle Churchill is the Chairman of Big Church Group and other subsidiaries including Big Church Foundation.

We had an exclusive interview with him and he talked about topics ranging from **FAMILY, BUSINESS & PHILANTHROPY.**

Like a typical TOAST issue, we didn't leave behind some read-worthy articles and pictures to help our highly esteemed readers make the best out of their already amazing lives.

Romeo Obinna Eze

Romeo Obinna Eze

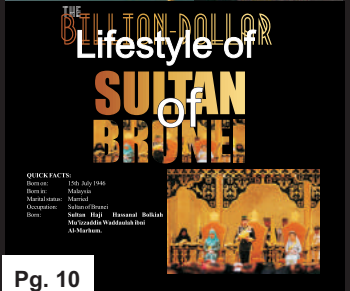
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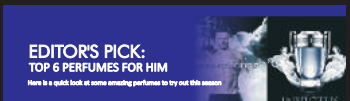
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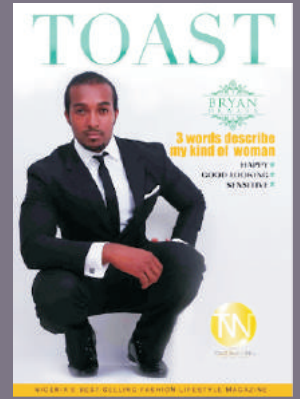
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Exclusive:
DR. OLAKUNLE CHURCHILL
Speaks On
BUSINESS, CHARITY
MARRIAGE

“Well, it's funny to me, because I don't have **Female Personal Assistant**, My PA is Mr Paul, who has been working with me over the years. Besides, it was a sponsored blackmail”.

YOUR FOUNDATION HAS BEEN IN THE NEWS SINCE LAST YEAR, WHAT IS YOUR MOTIVATION FOR DOING THIS?

Well, it's something we are passionate about. Big Church Foundation is basically designed to empower and provide charity functions. Started it from Ghana before cutting across states in Nigeria and beyond

BESIDES WHAT WE KNOW, CAN WE BE PRIVILEGED TO GET TO KNOW YOU IN PERSON?

There is nothing much to know about me, My name is Olakunle Churchill, the Chairman of Big Church Group and other subsidiaries

INCLUDING Big Church Foundation WITH YOUR MEGA EXPENDITURE DURING YOUR 4- DAY WALK FOR LOVE" CHARITY CAMPAIGN IN COMMEMORATION OF UNITED NATION WORLD DISABILITY DAY, CALLS FOR CONCERN, HOW IS YOUR FOUNDATION FUNDED?

that was a memorable charity event. Am glad it was successful. At least a lot of the physically challenged were empowered, we lectured them on how to discover ability in disability. Our income comes from favour, goodwill, besides 10% of our profit or revenue from Big Church Group is transferred to charity to the foundation charity account.



DR. OLAKUNLE CHURCHILL CLEARS THE AIR OVER HIS RECENT MARITAL CONTROVERSIES

Recently, your house-help or domestic staff disclosed to an online media that you had issues with wife and you have not been at home just after your December foundation project last year?

Every family has its ups and downs but I would not want to talk about my family.

It was said that after You left home, you were Alleged of having affair with your Female PA?

Well, it's funny to me, because I don't have female personal Assistant, My PA is Mr Paul, who has been working with me over the years. Besides, it was a sponsored blackmail. these issues are private to me and my family.

Rumour Has that because of domestic violence from you that your wife moved out with your son?

I wonder where they got such gist from? I don't believe my wife will say

that, besides I frown against such even my foundation preach against domestic violence in some of our charity awareness campaigns. It is obvious that all these channelled attacks are targeted to drag my image and what I believe in to the mud. Well, the truth is that I have never raised my hands against my wife. I have evidence of CCTV Cameras in my mums house when this happened. It can be replayed if you what us to go that far.

The news earlier today posted and deleted by one Uche Maduagwu that you have relationship with Bobrisky and Swanky Jerry? What is your take on that?

Truly, I did not see it posted because am not a social media person, but got wind of it later. It's sincerely beats my imagination to think of such relationship...well, don't know Bobrisky but got to know Swanky Jerry through my wife. I believe

whoever my wife likes as a friend, I also take as a family friend. Am too busy to think of such unpleasant issues, let alone cooking up defence.

Your Son's One Year birthday is few days from now, do you have plans to celebrate it? Guess you will be celebrating him with your wife?

Oh! My son, I sure miss him so much. I have planned a worthwhile birthday party for him with friends and family members but it's sad to say that all effort to reach him proved abortive, and this is affecting my business and emotions, The mum won't pick calls and the nanny, Our son has been with the mother and not at home for now. I truly, should not be granting this interview if this is all about my family. Am very optimistic that the family will unite together for King Andrea birthday even though channels to reach my wife is temporarily off.

How Do You perceived all these happening in your family?

See nothing in it, it's a phase of life. Since it does not affect my cheques and savings. But I truly want to call on bloggers or on social media addicts to verify facts before assuming. Every marriage has good and bad moments, it's just unfortunate that I recently discovered that the alleged marriage instability is making headlines on some media platforms. Please Tonto Dikeh fans and well wishers take it easy on her, guess she is still adjusting to motherhood. With time, it will be well.

The news had it that your son owns his own company Kindred Realtors, a real estate firm, don't you think his is too young?

(laugh), the company Kindred Realtor was actually one of my companies before I changed it to our son's name after his birth. I feel it's one of his benefit to start building up a brand for him as he grows.



Back To Your Projects, the Big Church Foundation fearlessly stormed war ravaged Southern Kaduna to provide Aid- the KADA massacre?

Well, To God be the grace, we went, we touched lives and we came back inspite of the Killings. It was a sad experience, they needed food, shelter, medications, (sobs). I just Thank God, many of them smiled with our presence.

Big Church Foundation was Loud by December with Billboard Season Greeting and Scholarship in UNIBUJA? Tell us about it?

The season greeting was the foundation decision which I guess it was good at that time. It was appreciating our clients, partners, foreign colleagues, fans etc Well, for the scholarship it's part of the scheme in the Big Church Foundation. The Big Church Scholarship scheme is a project which offers sponsored education for the beneficiaries across different level of academic qualification or levels. Yes, we were in Unibuja recently, we discussed with the



“Well, To God be the grace, we went, we touched lives and we came back inspite of the Killings”

Your Foundation has bagged some Major awards including West Africa Philanthropy Award, how do you feel?

Every award is appreciated. No one is bigger than the other. We feel humbled to be recognized by several brands. It's not our making but God. It's exciting when you touch lives and you are remembered.

Which Projects is Big Foundation Up to Now?

This will be a long and busy year. We have lines of charity projects, peace events, Summits and project sponsorships with visible impacts. Our team is putting everything in place, but will let it out soon. But we will amongst other things empower 36,000 youths through the Big Church Foundation

empowerment scheme. We shall empower 1,000 youths from the 36 states through skill acquisitions, financial business supports, loans etc.

You bagged a Doctorate Honours from Republic of Benin University, so which do you prefer to be addressed? Ambassador or Dr?

Well, it's not about the title, if my name is attached to any title you call me, I will answer. Even without title. *smiles*

Sir, it been great talking with, any last word?

The adage of the old says " He that washes his hands well, can eat with elders"...Remain focus, determined and be consistent.



THE BILLION-DOLLAR Lifestyle SULTAN *of* BRUNEI

QUICK FACTS:

Born on: 15th July 1946
Born in: Malaysia
Marital status: Married
Occupation: Sultan of Brunei
Born: Sultan Haji Hassanal Bolkiah
Mu'izzaddin Waddaulah ibni
Al-Marhum.





The Opulent World of Hassanal Bolkiah in Pictures

Sultan Haji Omar Ali Saifuddien Sa'adul Khairi Waddien has an estimated net worth of \$20 billion. There are many rich and famous people in the world, but not everyone knows the art to splurge it. However, Sultan Haji Hassanal Bolkiah, better known as the Sultan of Brunei is one such person who is well versed with this art of spending the riches in the most lavish ways. One of the last remaining absolute monarchs in the world, Sultan has earned enough from reserves of oil and natural gas, that he doesn't have to think twice about getting a haircut for a mind-boggling \$21,000.



His sultanate is one of the world's most financially affluent and communally sheltered societies, where people even do not have to pay any kind of income tax. The Sultan's passion for the world's most expensive, beautiful, rarest, fastest and unique cars knows no boundaries. His personal collection of over 7,000 high performance cars, which by some estimates is worth more than \$5 billion includes There's over 7000 cars worth at least \$5 billion USD.



- This includes:
- 604 Rolls Royce's
 - 574 Mercedes-Benz
 - 452 Ferrari's
 - 382 Bentley's
 - 209 BMW's
 - 179 Jaguar's
 - 134 Koenigsegg
 - 21 Lamborghini's
 - 11 Aston Martin's
 - 1 SSC.



He is famous for having some of the most luxuriously customized private jets like Boeing 747-400 and Airbus 340-200. In late 1980s, for once he was ranked as world's richest person but later on in 1990s he lost the title to the American businessman Bill Gates. Sultan's current asset evaluation is about \$20 billion and if the income keeps on growing at the current rate his eldest son might soon be the world's first trillionaire. Sultan Haji Hassanal Bolkiah got married in 1965 to one of his cousins Pengiran Anak Saleha and became the new ruler on October 5, 1967, and was coronated on August 1, 1968. Later on he got separated and got married to Raja Isteri Pengiran Anak Saleha.



A royal wedding to beat all royal weddings began April 5th, 2015. However, the highlight came on April 12th, 2015 when the youngest child of the Sultan of Brunei, Prince Abdul Malik, 31, exchanged vows with his new wife, Dayangku Raabi'atul 'Adawiyah Pengiran Haji Bolkiah, in the throne room of the monarch's 1,788-room palace.



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Project PINK BLUE Unveils Nigeria's first Patient Navigation and Telephone Centre 08000CANCER

Project PINK BLUE – Health & Psychological Trust Centre, a community-based cancer non-governmental organization in collaboration with Federal Ministry of Health (FMoH), Union for International Cancer Control (UICC), Pfizer, U.S. Embassy in Nigeria and National Hospital Abuja hosted a week-long training on Breast Cancer Navigation and Palliative Programme (BCNPP) for 42 nurses, breast cancer survivors and social workers from FCT, Kebbi State and Enugu State as from 28th Nov. – 2nd Dec., 2016, at Trauma Centre of National Hospital Abuja.

Breast Cancer Navigation and Palliative Programme (BCNPP) is a cancer care programme with two interventions: Firstly,

goal of alleviating their pains. Secondly, a toll free telephone centre was also launched with the telephone 08000CANCER (08000226237), with this telephone centre, the general public in Abuja can access information on cancer and be navigate to diagnostic centres close to them. The patient navigation training was facilitated by Laurie Tauriainen, a patient navigator at Sarah Canon Research Institute, Dallas, Texas and Fulbright Specialist of the U.S. Department of State.

The programme is Nigeria's first patient navigation using toll free telephone, navigation map and patient navigators to help cancer patients and the general public to access cancer care in a timely manner.

High profile Nigerians, cancer control advocates and legislators were present at the launch, including Dr. Zainab S. Bagudu, Wife of the Executive Governor of Kebbi State and Founder Medicaid Cancer Foundation; Hon. Muhammed Usman, Deputy Chair, House Committee on Healthcare services and sponsor of the bill for the establishment of National Agency on Cancer Control (NACC); Prof. F.A. Durosinmi-Etti, a renown radiation oncology professor and first Chief Medical Director of National Hospital Abuja and Dr. J.A.F. Momoh, Chief Medical Director of National Hospital Abuja represented by Dr. Z.M. Jawa. Other stakeholders present include representatives of the Honourable Minister of Health, FCT Hospital Management Board, Nigerian Cancer Society (NCS), and International Cancer Week Initiative.



Laurie Tauriainen, Patient Navigator and Fulbright Specialist from Sarah Canon Research Institute, Dallas Texas, USA - Hospital Corporation of America; training Forty two (42) trained nurses, breast cancer survivors and retired matron to become professional patient navigators at the Breast Cancer Navigation and Palliative Programme (BCNPP) Training, National Hospital Abuja, Nigeria; powered by Project PINK BLUE and supported by Union for International Cancer Control (UICC) and Pfizer Oncology.

the Training of nurses, breast cancer survivors and social workers to become professional Patient Navigators. Patient Navigators are professionals who are usually nurses, social workers or breast cancer survivors in oncology centres; they educate cancer patients and help them to eliminate barriers they face in accessing cancer care, they navigate cancer patients across the continuum of care – from diagnosis, treatment, post-treatment and survivorship. They also support and assist women battling with metastatic/advanced breast cancer with basic psychotherapy and palliative with the

In Nigeria, over 70% of cancer patients present late stages (III & IV) with few patients having access to the limited treatment facilities. This is as a result of several barriers such as: financial barriers, communication and information barriers, medical system barriers, fear, distrust and emotional barriers. Dr. Harold P. Freeman founded Patient Navigation and several studies, including Harlem study in New York has proved that Patient Navigation programmes can help to eliminate these barriers to cancer care and improve survivorship.

“Patient Navigator was founded in the 1990s and its goal is to educate and empower cancer patients, while breaking the barriers they face trying access to cancer care” said Laurie Tauriainen, Patient Navigator and Fulbright Specialist.

Runcie C.W. Chidebe, executive director of Project PINK BLUE, asserted, “so many cancer patients are not sufficiently knowledgeable of where to get care, what will happen next after their diagnosis, during

their treatment, and people to talk to or share their feeling with. We are delighted to have trained these nurses, breast cancer survivors and retired midwives to become Patient Navigators, who would educate, guide and navigate patients through their journey with cancer. We strongly believe that with Patient Navigators, more lives would be saved and improvement on early detection achieved”.

Mr. Larry Socha, Cultural Affairs Officer of U.S. Embassy in Nigera remarked during the opening ceremony that “disease cuts across society no matter who you are – no matter how rich or famous, no matter your race or

religion, health challenges – including cancer – touch individuals and families across the spectrum.” He recalled that President Barack Obama set an ambitious goal in his last State of the Union address earlier this year, “Let’s cure cancer once and for all.” Similar to the U.S. space program of the Kennedy era 50 years before, Socha noted that scientists and researchers are working to achieve this goal.

Dr. Momoh said the hospital was proud to host the training. “We have very good systems and facilities for early diagnosis and treatment monitoring. However, this is not enough without someone to navigate. For me, this is the missing link,” he stated.

Breast Cancer Navigation and Palliative Programme (BCNPP) was launched on World Cancer Day 4th February 2015, and a Strategic Planning Meeting with 26 stakeholders was organized on March 24th, 2016 chaired by National Cancer Control Programme (NCCP) of the Federal Ministry of Health and World Health Organization (WHO). On March 30th 2016 a sensitization forum on navigation and palliative was organized for ninety-nine (99) nurses and retired midwives from the six (6) area councils of Abuja FCT.

To learn more about Project PINK BLUE, please follow them on social media @projectpinkblue or visit their website:



Forty two (42) trained patient navigators in a group photograph with the dignitaries during the public launch of the Breast Cancer Navigation and Palliative Programme (BCNPP)



Larry Socha Cultural Affairs Officer and Laurie Tauriainen professional Patient Navigator and Fulbright Specialist of the U.S State department discussing at the Opening Ceremony



Runcie C.W. Chidebe Executive Director of Project PINK BLUE placing Patient Navigator lapel pin to His Royal Majesty Alh. Tanko Jubril OON, the Gomo of Kuje



Laurie Tauriainen professional Patient Navigator and Fulbright Specialist of the U.S State department presenting Patient Navigator Lapel pin to Dr. J.A.F. Momoh while Larry Socha Cultural Affairs Officer U.S Embassy looks on



Runcie C.W. Chidebe and Laurie Tauriainen paying a courtesy visit to H.E. Dr. Zainab S. Bagudu Founder/Executive Director of Medicaid Cancer Foundation



Swat Gimba Breast Cancer Champion and Patient Navigator Trainee sharing her story



5 Amazing Cancer PREVENTING Foods

Remember that 'good nourishment' is a crucial weapon in the fight against cancer and any illness. Good cancer nutrition can be vital in increasing your personal odds of survival. A 2012 report by the American Cancer Society, covered in Cancer Watch our research centre, stated that there was 'overwhelming evidence' that diet and exercise could increase survival and even prevent a cancer returning. Remember too that bioactive natural compounds are likely to do you a lot more good than synthetic pills! Many such compounds have strong and proven epigenetic benefits. So here are a few additions to your cancer diet, as a part of your own Integrated Cancer Treatment Programme.

Oily Fish

Fish oil will provide long chain omega-3, a powerful anti-inflammatory in the body that minimizes COX-2 and its abilities to drive localised negative hormones called eicosanoids which cause inflammation - driving cancer and metastases. Omega-3 has been shown to re-lengthen telomeres, which shorten when you have cancer putting the DNA structure at risk and reducing longevity. Fish oils also contain vitamin A, an important vitamin in the fight against cancer (herring, mackerel and salmon are top of the list). Fish oils have been linked to reduced levels of prostate, breast and colon cancer.





Garlic

It is a truly wonderful food. Active ingredients like allicin seem to act to stop the spread of cancer in a number of ways, for example by stopping blood supply formation for tumours.

Garlic also kills microbes and yeasts - after taking drugs and antibiotics the body is often susceptible to these. Garlic is also anti-inflammatory in the body. It has a number of active ingredients. It contains selenium, tryptophan and sulphur-based active agents that attack cancer cells.



Tomatoes

Seven to ten helpings per week, especially cooked.

According to Harvard research 7-10 helpings a week cuts prostate symptoms by 40% and has an influence on many cancers e.g.: lung; colon; cervix; breast. Lycopene is the prime active ingredient, and 25 - 40 mgs the desired daily dose.

It is also found in strawberries, peppers, carrots and peaches, but one tin of tomato soup has 65 mgs alone.

Lycopene helps reduce 'bad' fat levels in the blood stream and is a strong antioxidant



Pumpkin Seeds

Can be mixed with the sunflower seeds in your morning muesli. 5 tablespoons will each provide 20 mgs of vitamin E, the ultimate cancer buster, which inhibits cancer cell growth and protects immune cells from free radicals. Vitamin E boosts your immune system's fighting abilities. The target is 300-600 mgs and is difficult to achieve without supplements.



Green Leafy Vegetables

Along with avocado, beans, carrots, apricots, pumpkins, and egg yolk green vegetables will give you folic acid if your gut bacteria are strong.

This will help your DNA to replicate properly and protect it during radiotherapy.

400 micrograms is a recommended amount. Folate, biotin, choline and inositol, niacin and vitamin B12 are all B vitamins that help in the cancer fight. Niacin has been shown to kill cancer cells. Egg yolk, greens and whole grains are the best sources.

it doesn't just stop there. Green vegetables and sprouting seeds are a source of sulforaphanes which have strong epigenetic (cancer correcting) benefits and have been shown to aid survival from colorectal cancer.

A diet rich in greens will help alkalyse your body. A slightly alkaline body is important as it improves the performance of your immune system and research shows it stops new metastases.



Challenges in life can be very painful and difficult to heal and to bounce back from, however it is from the challenges in life that make us who we are and stronger as a person. Whether you are coping with the death of a loved one, an end to a marriage, loss of income, or debilitating illness of someone close to you we all have struggles great and small. Acknowledging and learning from these experiences is valuable in taking those next positive steps to find yourself again.

What is important to know is that you are not alone and it is possible to find your inner strength again in order to move forward in life. You need to believe that you are more than enough, you are worthy and you deserve the best in life even when you feel defeated. I see challenge as a gift in life, without challenge new opportunities cannot arise and therefore we are not forced to face our fears and grow as humans. I want to share with you how I found my inner strength and how it has empowered me to create a new pathway in life.

Stop Blaming and Forgive

Putting the blame on yourself or loved ones will only cause more harm and hurt. I knew that beating myself up over what could or should have been was an endless battle. I acknowledged and accepted what I did and what I did not do and simply learned from it and simply let it go. Forgiveness is also so important in moving forward, you need to forgive yourself and the people involved in order to recover. What is in the past is the past and holding onto negative feelings or untrue stories will only keep you in a negative place and from fulfilling your happiness.

Become clear on how you want to FEEL in Life - Write a Wish List

How do you envision your life? What do you truly want to experience and feel? Write a wish list of what you want for each area of your life. I

focused on these areas: career, family, health, partner in life and friends. For each, I listed every quality and how I wanted to FEEL. When you start focusing on what you do want, the quicker you become to receiving it in your life.

Take Care of YOU!

Focus on your body and how you want to feel. Work on areas that you want to improve on or areas you want to maintain. Make fitness a part of your life. What truly saved me from my challenges was my passion and commitment to health and fitness. It provided me with positive energy that empowered me to keep strong and confident. I had a purpose to get up in the morning, a reason to keep strong and a reason to move forward in a positive direction. For once in my life fitness became a huge support to save me and not something I had to do for a sport, competition, shoot or for anyone else, it was for ME. It was the catalyst that kept me strong physically and mentally and it has opened doors to possibilities and relationships in which I would have never encountered if I made the choice to remain down.

Live in the Moment

By living in the moment, you are not allowing yourself to stay stuck in the past and you are not just focused on the future. There are people who are so stuck in the past that they are not living up to their potential, if you do this you will never grow as a person.

As for the future, it is important to set goals which you want to create and build, but don't

plan every little detail in your life.

When you are living in the moment everything seems to all work out, as it is suppose to. You will be able to make decisions based on that present moment and not on past experiences. You will make clearer decisions that will be the right choices for you.

Love Yourself

It is so important to continually fill yourself up with love, respect, kindness, support, happiness, self-esteem and forgiveness. By doing this you will be your own support system. When you fill yourself up with goodness you can give and share these best qualities of yourself with others. You will be amazed at the support you will receive in return and the richness it will bring.

Always remember, you are absolutely AMAZING! Create yourself and the life you have always dreamed of. Let your true beauty and greatness shine!

Finding YOUR INNER STRENGTH





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Introducing 280 Degrees African Restaurant and Bar

As the number of Africans and Nigerians in London increases, the need to identify a Nigerian Food spot that offers home style cooking has become not only important but essential because of the uniqueness of the dishes.

280 Degrees African Restaurant and Bar is an exceptional relaxation spot. It's modern day architectural interior creates a delightful ambience that affords customers a whole new African experience. The restaurant guarantee a distinctive dining experience for intimate dinners or private parties. The choice

location of the stomach infrastructure palace is one that accommodates all Nigerians and Africans for exclusive refreshment with friends, family and loved ones.

280 Degrees African Restaurant and Bar boasts of an all inclusive and innovative eat-in and takeaway (food delivered to you) menu detailing a large variety of Nigerian Cuisine.

Contemporary and Afrobeat music from their in house Djs ensures that, eating, drinking and dancing is not only made interesting but also takes one away from the possible harsh realities of

the stressful nature of English life.

Its opening times are:

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□FRIDAY & SATURDAY
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SUNDAY: 2pm - 11:00pm

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Listen to beautiful Nigerian and international music every Monday to Friday from 9:00 PM to 1:30 AM performed by our in house band.

The hotel's conference rooms and facilities can accommodate any business or social event, from an intimate luncheon or a sumptuous reception to an executive meeting, with space to accommodate up to 300 persons for meetings and receptions.

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The city Abuja witnessed a spectacular celebrity convergence over the weekend for the United Nations Day for the Physically Challenged, a four day charity oriented projects with a visit to homes of people living with disabilities, walk for love, exhibition held at millenium park, Novelty football match at Soho 24 Sport center to the final Free Eye test & Glasses, during which over 400 glasses were donated and over 100 people listed to enjoy free cataract operation courtesy of Big Church Foundation.

The 4 day long event which started with a press conference ended in style with free open test for any possible optical challenge as well as dictating early defects and treatment. The exercise attracted cross sections of Abuja residents including paramilitary officers and civil servants at Millinium park where it took place. The charity programme also witnessed high media presence like AIT, NTA, TVC, Leadership Newspaper, DailyTrust, Authority Newspaper, Vanguard, AbujaPress, Rachel- The Piper of Trends & Rachel TV etc.

Over 50 Optical Patients Gets Free Eye Cataract Operation Courtesy Of Big Church Foundation

Dr. Olakunle Churchill, the President and Founder of the Foundation, who has bagged several HUMANITERIAN awards and philanthropy honours arrived the location in the company of his wife, Tonto Dikeh. The United Nation world Disability day of this year recorded the highest celebration and commemoration from Big Church Foundation for the physically challenged in Nigeria which was confirmed by NGOs that share similar objectives. Amb. Churchill monitored the exercise and recognised individual participations including Tonto Dikeh Foundation. To share into this vision of uplifting the living standards of the physically challenged as well as shouldering the responsibilities of the blind like providing Eye Care services Big Church Foundation call on Nigerians and the general public to look in also into the welfare of the physically challenge people. The basic necessities of the helpless should be provided irrespective of the individuals status, be it government official or Non Governmental organisations.





Big Church Foundation offers **UNIABUJA** students Scholarship



Nigeria's famously emerging Non-Governmental organization - Big Church Foundation has commenced widely their charity networks with their recent visit to the Senate of University Of Abuja, where they offered several low income students Scholarship opportunity to complete their studies in the school without paying any fees or purchasing writing materials.

The young billionaire and CEO of Big Church Foundation, Dr. Olakunle Churchill was received by Engr. Dr. Ishaku Musa, the director of Academic Planning of the institution on behalf of the it\'s Senate. Scholarship scheme of Big Church Foundation is one of the projects of the NGO which had extended such charity gestures to Primary Schools and Secondary Schools in Abuja, Anambra, Benue, Bauchi states. The beneficiaries Lekun Segun, Adediran Victoria Opeyemi, Bankole Ayomide Olawale and few others who





were present were excited to receive the certificate of scholarship Courtesy of Big Church Foundation.

Speaking to Churchil, the Academic planning Director □Ishaya Musa Dagwa thanked them for their benevolence spirit and their extended helping hands to those students who are from poor background or unable to afford the increasing school fees across the country with regards to the present economic situation. He academic doctor also appreciated the foundation desire to renovate some school hostels and some classrooms for lectures in the permanent and temporary sites

Big Church Foundation was heavily in the news with its four days Walk For Love Charity project with the physically challenged which attracted high profile celebrities in Abuja. The award winning foundation which is driven by no nonsense Dr. Olakunle Churchill who has the heart of gold especially to humanity kicked into the year again with Charity project exercise in Abuja from 12th to 13th of January. Efforts to reach him proved abortive following the trending instagram adjudgment by his wife which ignited the buzz on social media with different headlines on the issue □. Information available, indicates that he was on the 2nd day being today for his charity projects whose pictures would be released tomorrow.





Big Church Foundation Unveils *Praiz* As Ambassador

Nigeria's fast emerging charity foundation and Non- Governmental Organisation. Big Church Foundation yesterday, 21st February unveiled popular music artist Praiz Adejo as one of its Ambassadors for the 2017 project year. The signing and papers works was done at the Ikoyi office of the foundation's boardroom.

Addressing the board members of Lagos office, the Chairman, Dr. Olakunle Churchill said they needed a new Ambassador for the Big Church Foundation to spearhead the Agriculture and Mining project which is targeting the Nigerian youths. He further buttressed on the choice of Praiz as worthy one, who has also worked with the Big Church Foundation during charity campaigns in the past. " We congratulate you and we know with your presence we can achieve a lot in the area of charity empowerment and project executions nationally and internationally"

Big Church Foundation which has offered university scholarship, made donations to the less privileged, Visited crisis ravaged areas, supported hospital patients, partnered with charity events and hosted empowerment campaigns unveiled Praiz to pilot the empowerment of 36,000 youths in Nigeria through the 36 states. 1,000 youths from each state are to be empowered through talent hunts, skill acquisition, loans, small business starts and job creation.

Also at the unveiling board conference was the current Ambassador for Women and Child, Actress Rosaline Meurer her key charity portfolio is the Orphanages, Girl Child and nursing mothers. Signed since 2015, with Television Personality Amb. Rachel Bakam signed in 2016 for Media & Charity Awareness Campaign, they are now joined by Praiz who heads the Project Empowerment Portfolio. Mr Paul the personal Assistant to the Chaiman, Project Manager and Business Analyst expressed optimism over the signing and role the artist will play in the Agric/ Mining Summit of Big Church Foundation flagging off in a couple of weeks. Other members present were the Foundation Executive Manager of Abuja branch - Tomiwa, Yebo -Foundation coordinator/ PR Mr. Raphael Cudjoe - Head of IT , Clay - Multi Media Department, Maureen Cyril of GoodGirl Foundation, Ivy Cypriel of Crown & Glamour TV and others.



EVENT PICTURES:

Ifeanyi Uba's Anambra Youth Concert

It was indeed an unforgettable experience for Anambra residents as they converge to celebrate the 5 star performances of Flavour, Patoranking, Psquare, KCEE, Humblesmith,A.Y, Tekno, Gordons, Ekwe Sample etc as they Thrill their teeming fans At The Ifeanyi Uba Youth Concert Shown LIVE On AIT, Hip TV, ABS, Others In A Full Packed Stadium.

The high budget event attracted the former Governor of Anambra and a serving Minister Chris Ngige, Ex- Senate President Ken Nnamani, World Beauty Organisation Africa Director and Chairman of Tettrazzin Group of company Prince Donatus Okonkwo, Ifeanyi Uba FC, nollywood headline stars as Special Guests.

The very entertaining event also saw the crowning of Most Beautiful Girl in Nnewi in a competitive contests that exhibited different traditional flamboyance and outfits from the pretty contestants that represented different communities in the local government.





The showbiz event packaged to entertain at the festive period especially for those at home and those who returned for the Xmas and new year celebration. It was exclusively captured by Zzini Media, Nigeria Fashion TV, Nollywood TV, AlexReports, Nairaland etc. In truth, it could be regarded as event of the Year as Most Beautiful Girl In Nnewi was crowned at The Prestigious Night With a Brand New Car and Over 2million Naira and other consolation Prizes.

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Second Round About
Near Marwa bus stop
Lekki-Lagos

Millenium Plaza
Suite C 13
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Awka



MODEL PREVIEW

It is usually impressive to see a young pretty lady working hard to achieve and actualize her dream especially in the rumored complicated showbiz industry. The soft spoken Yetunde Kimberly savage who headlined several Television programmes in the past until this present one 'SWSV)sisters with sweet voices(' showing on AMC TV CHANNEL 117 STARTIMES from 8am to 9am to millions of viewers.

VJ-Kim as her brand name is also a Fashion designer, Stylist, Presenter VJ, Model and Entrepreneur. She owns House Of Kim fashion and hope to visit Abuja soon to seal some deals with agencies for fashion shows. The elegant damsel has attracted photo shoot advert deals with Minerals For Life Table Structured water company and will make a media visit to FCT first indigenous transmitting TV station - People's Television.

Her fans are already gearing to behold her presence at the prestigious stage of Face Of Nigeria World holding on 30th October at Bespoke Event centre, Lekki Lagos. VJ-Kim is one of the contestants of 2016 edition of one of Nigeria's Most celebrate pageant ' Face Of Nigeria World' which promises not to only be grand but with arrays of experienced Judges.

Yetunde Kimberly Savage is indeed a perfect paragon of beauty out of a playboy's magazine with an impressive model's height. She interacts well on these her social media handles;

Facebook :- www.facebook.com/houseofkim1

Instagram :- @House_kim1

Email :- houseofkim1996@gmail.com





Photography: Abu Salami Photography
Make Up: Bronzy Pro
Styled by: House of Whizzchiq

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Ex- Beauty Queen Allison-Doherty Sekegha Inducted As Certified National Accountant



Ex- beauty queen Allison-Doherty Queen Sekegha has successfully rounded up her Professional course with Nigerian College Of Accountancy Kwali Jos, which makes a certified member of ANAN (Association of National Accountant Nigeria).

Married to former winner of GLO Naija sing Christian Ceedee, Queen Allison was few days ago fully inducted to be a Certified National Accountant(CNA)with ANAN as a professional body. This qualification can only be achieved after a two year professional programme with ANAN

It would be recalled that the Abuja based Queen Allison Doherty reigned supreme as former Finest Girl Nigeria winner. She is one of those models who took up the pageant crown to make impact which fetched her several honours.



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Hon Dozie Nwankwo Bags Chieftency Title From Two Ancestral Communities



Just recently Chief Nwankwo was installed as **ONYE NDOZI NWACHINEMELU** of Enugwu Ukwu na Umu Nri, a rare historical conferment of Chieftaincy Title by the KING himself of two ancestral communities. The colourful traditional ceremony chiefs across clans and kingdoms in the Igbo Land stormed the place in their glorious regalias accompanied by masquerades of their ancestral heritage.

It's also in the news very recently that he was honoured for his contribution towards youth empowerment and capacity building. A significance of his his large heart and grass root empowerment. Hon. Nwankwo applauded his friends including Amb. Kingsley Amafibe, CEO South South Progressive Award and Peace Achievers award.





Thanksgiving And Dedication Service @ WORD ALIVE BIBLE CHURCH



It was indeed an electrifying first Sunday of the month service at Word Alive Bible Church in 3rd avenue Gwarimpa, Abuja, as Rev. Pastor Godwin Abba anoints several families. The single worship service and ministration was not only fulfilling but overwhelmingly exciting especially as the guest pastor, Bishop Emmanuel Ijachi preached on the essence family love, Relationship and unity at home.

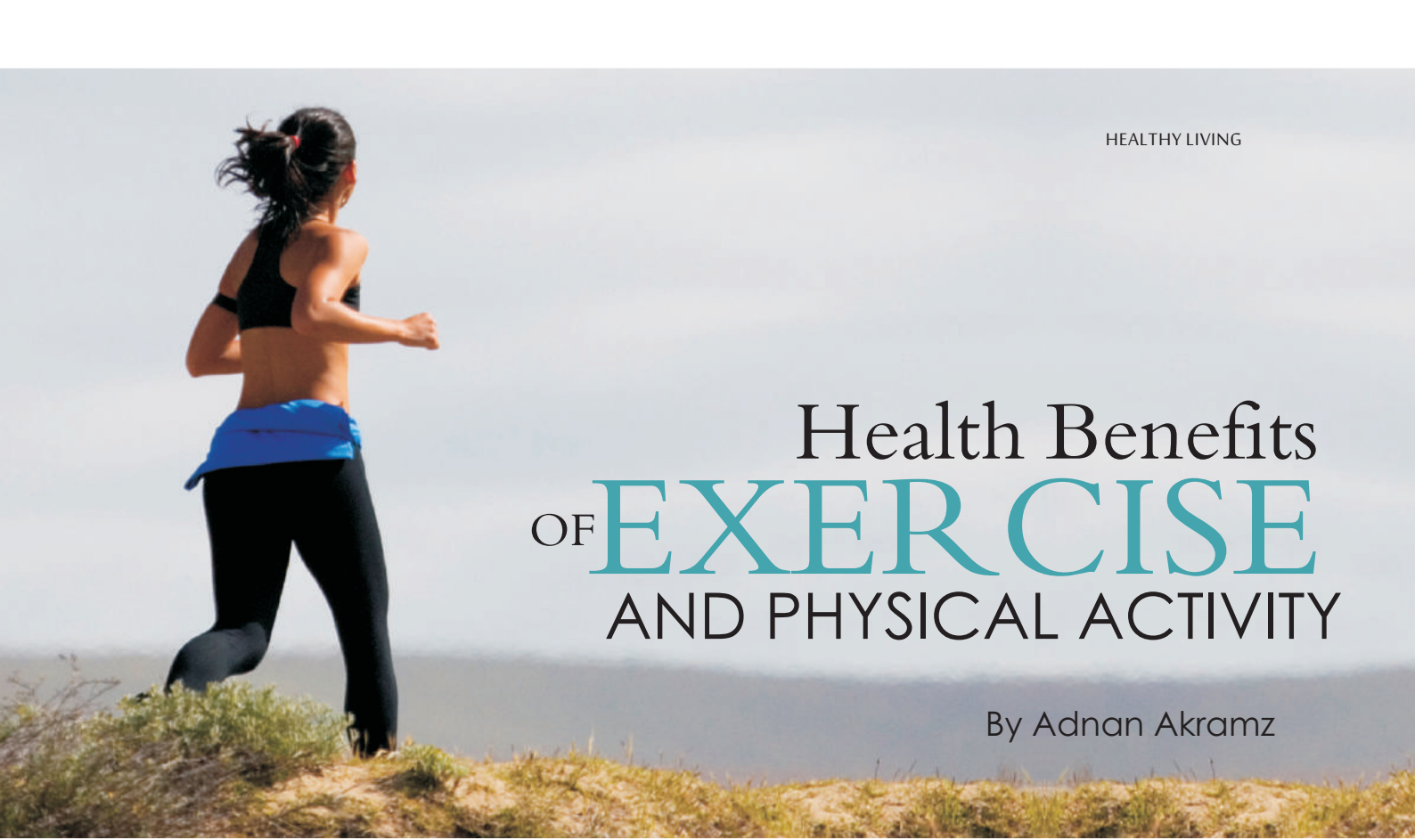
The combined thanksgiving service witnessed children, houses and cars dedications as well as special family prayer anointing blessings. The atmosphere which was charged by the stupendous grace of the resident pastor popularly called Papa, attracted several people including new members from different part of the capital city.

In truth, the different departments of the popular christian worship centre -

Word Alive Bible church were at their best which reflected on the impressive coordination of Sunday service which started by 8:00am. The section of the altar call and first time members recorded impressive number of converts as their testimonies were in consonance with theme of the church - healing the broken world by the spoken word.







Health Benefits OF EXERCISE AND PHYSICAL ACTIVITY

By Adnan Akramz

Exercise is something that everyone keeps getting told that they need more of. In these sedentary times, whether it is caused by entertainment, too much work, too much sitting around, or for whatever reason, people might wonder just why they need to exercise more. Well, exercise is something that is extremely important for your body in a lot of ways that you didn't think. And not only just because it helps keep the weight off. There are plenty of health benefits of exercise and physical activity, and these will be described in the following paragraphs.

Here's a shocker: exercise helps to control your weight. Obesity rates are going up due to lack of exercise, and those who are obese are usually not getting enough exercise or aren't get any at all. Combined with a healthy diet, virtually everyone can lose weight. It helps to keep your metabolism up, meaning that calories will burn faster, and it also helps to regulate your weight as well. Cardio and weight training are good ways to help keep the flab off and tone up as well.

Exercise can also help to reduce heart disease. Getting the blood pumping really helps to keep your heart healthy, so taking a good jog every day is a start to having lifetime heart health. It also helps to reduce certain cancers as well.

Exercise can also help to increase your mental health and well-being as well. For instance, taking a good run can reduce your stress better than harmful activities such as smoking or doing other drugs can. It can lighten your mood, give you happiness, and make you feel peaceful.

Exercise can also help to tone up muscle as well. You don't have to work out on the big weights, either. Jogging and doing other cardio workouts can tone you up, especially in your legs.

Exercising is vital if you're aging. Having a healthy workout regimen can help you by improving the easiness of daily activities and preventing falls by helping you to maintain a healthy balance. This way, you can be able to live your golden years with less troubles.

Finally, exercise can help you to live longer.

This makes a lot of sense, as it reduces the chance of getting diseases that normally will kill you. People who exercise regularly have a lesser chance of dying young than people who are inactive.

There are many other benefits of exercising, all of which will be guaranteed if you're able to keep a working regimen. You only have one life, so you should want to keep it as healthy and as long-lasting as possible. Thankfully, Encompass Nutrients can help get you started. They have information on other workouts that you can do as well as health benefits you can get from them.

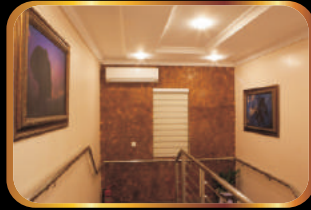
Encompass Nutrients helps to provide you with more info on supplements that increase the health benefits of exercise and physical activity.





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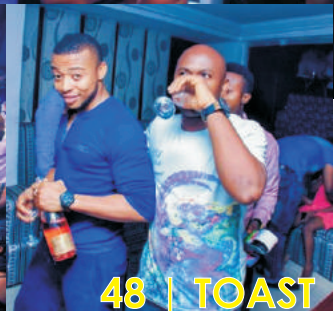
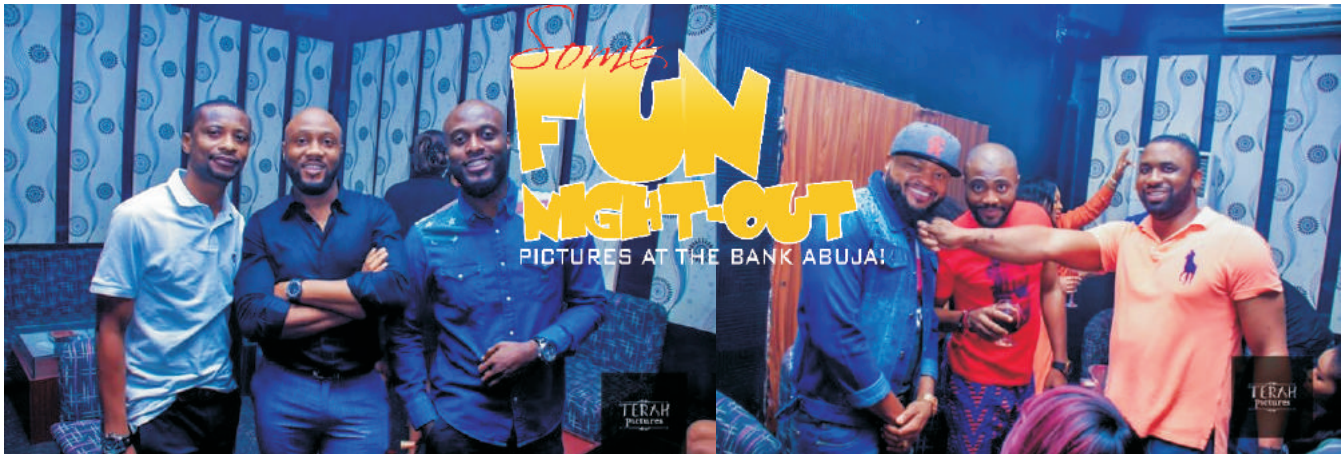


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7 SMART REASONS TO TRAVEL WITH A PARTNER

There are many people who travel alone in order to experience things on their own. While this is fine and certainly a choice that has its benefits, there are many benefits to traveling with another person as well. If you are planning to travel somewhere unfamiliar, you may be unsure about taking a partner with you. You may have planned to travel on your own. However, the following are reasons that may make you think twice about traveling alone:

Two minds are always better than one during an emergency. Life has many unexpected surprises, and life does not take a break during a trip. You may have to make a quick decision that could impact your health, your finances, or anything significantly important. You may need advice and a friend who will have your best interests in mind.

Someone else can lend some perspective to you and keep you out of trouble if need be.

You will have someone to share these memories with later on. There are some things that you can share with other people and they will enjoy hearing about your adventures, but then there are some things that others just have to experience

If you want to share your adventure with someone, then the best thing for you to do is to let another person experience the adventure with you.

You may choose someone who knows the local language or area. Traveling with a partner who knows the area or the language is a huge benefit to you. He or she will be able to get around the area quickly and communicate with people to find the best deals, places, and food to eat. It will be like having your own personal tour guide throughout the trip. All you will have to do is relax and enjoy it all.

Traveling with a partner may be cheaper. Splitting the costs of everything will definitely take some of the burden off of your budget. Your partner may even have a

membership pass to some attractions and can get you in for free. If an emergency arises and you need access to cash right away, your partner's funds, in addition to your own, can get you both out of a tight spot.

You may feel and actually be a lot safer with someone else. When you travel with someone else, you know that you are less likely to be targeted by people who are up to no good. There is generally safety in numbers. You can watch out for your partner, and your partner can watch out for you. Make a rule to stick together so no one gets lost, and always have a way to get in touch with each other if you would happen to get separated.

You may be more inclined to try something new. Often when people travel by themselves, they stick to their own comfort level. They may not try anything new. Another person can bring out the adventurous side that you didn't even know you had. You may learn things about yourself and your partner that you never knew and may be encouraged to try new things that you will be grateful for trying.

If you need to trust someone with something personal, you will have your partner to trust. Whether it is money, if you are sick, or relying on someone in an emergency, you will have that security. This is especially true when visiting a new country. The locals may be very hospitable, but you will still need that personal contact to trust with your possessions and even your life.

TOP 5 WAYS TO CONQUER LONG QUEUES AT NIGERIAN AIRPORTS



Long queues and delays are not new to commuters at the Nigerian airports. From the ticket stalls to the check-in counters and even canteens at the waiting area, travelers find themselves caught up in very long and slow queues which become not only intensely boring and monotonous as time rolls by but brings on aching feet.

The stress that comes with queuing has a tremendous impact on not just the travelers but on customer service as well. Usually, these unsatisfied travelers complain bitterly and even haul curses at the attendant at the counter with the hope that it would spur them into working faster. Some even just leave the line altogether for faster alternative moves.

If you are traveling via any of the Nigerian airports and you are dreading the seemingly inevitable long queues, relax! We have pulled together 5 tricks to help you deal with long queues and even possibly cut your way through to getting the service you desire in little or no time.

1 Take advantage of your unique situation

Nigeria as a nation has very high moral values and certain situations are duly regarded even in public places where such rule does not necessarily apply. If you are pregnant, old, sick, disabled or have a small child, you definitely have a unique situation that exempts you from queuing up for long hours like the others. Take advantage of your situation. Walk to the front of the line and let whoever is in charge in on your unique predicament and ask them politely to attend to you. It works all the time and the good thing is that others who have been waiting on the line will not complain for the fear of looking disrespectful or lacking moral standards.

2 Make Friends

Nigeria as a nation has very high moral values and certain situations are duly regarded even in public places where such rule does not necessarily apply. If you are pregnant, old, sick, disabled or have a small child, you definitely have a unique situation that exempts you from queuing up for long hours like the others. Take advantage of your situation. Walk to the front of the line and let whoever is in charge in on your unique predicament and ask them politely to attend to you. It works all the time and the good thing is that others who have been waiting on the line will not complain for the fear of looking disrespectful or lacking moral standards.



3 Check-in On line

Not all airlines in Nigeria have this option yet, however the giants, including Arik and Aero, have the option on their websites. Checking in online allows you to complete the entire pre-travelling transaction online. It saves you the stress of purchasing a ticket over the counter and eventually having to queue for check-in afterward.

4 Be Vigilant

When you are standing in the queue, you need to be vigilant to know if anyone is cutting the line or someone is trying to bring a friend in without forfeiting his own space. Being on the lookout for these kind of things ensure the line is not delayed any more than is necessary. Again, sometimes the line may move or some announcement concerning you might be made and with the loud noise in the airports, you might not be able to hear them, unless you are sharp.

5 Be Patient

Sometimes, there really is nothing you can do about the long queues, there no alternatives, no hustling airport staff to help you speed up the process for a token, and you are just stuck. At times like this, it is important to stay patient and positive. Accept the situation, do not complain, just wait it out, keeping in mind that it will surely be a memory someday. Good thing is, you can distract yourself with food, drink, music or phone games.





1

Mc Amana is one of Abuja's Biggest MC and Comedy who started comedy under the mentor-ship of Nigeria Most Respected Comedian "Alibaba"
 Mc Amana has craved a niche for himself in the comedy industry in and outside Abuja and his unique style of anchoring events is why we call him "The Undisputed Genius"
 Mc Amana has separated himself from most Abuja comedian with his firsthand and outstanding content while his style of dressing makes him look more Classy than most of the rest.
 Mc Amana is also the Brain Behind One of Abuja's most successful comedy show which has featured 2Face, Alibaba, Phyno, MI, Yung6ix, Kenny Blaq and many more



2

Dr Ayuba is one of Abuja's most respected Comedian and MC.
 Dr Ayuba is also the president of Abuja Body of Comedians and over the years, the standard he kept for himself made him so influential and valued.
 You Hardly find Dr Ayuba in a low class event and his way of anchoring events is next to none.



3

Amb Wahala Here comes the man with controversial contents, Amb Wahala is the man that mimicked Patience Jonathan's Voice which went viral.
 Amb Wahala is also an activist on Radio, Amb Wahala Fashion sense might not be too good but we still think he is a man of class whose content have been featured on Big comedy shows in Nigeria Like AY Live, Alibaba Jan 1st show and many more.



4

Chuks D General Last Year was a big year for Chuks D General, starting from hosting the biggest Events in Abuja to organizing the Biggest Comedy show made him look like the Man of The Year.
 Chuks D General is now been recognized outside Abuja and he has also been featured on events like AY Live, MBGN, Night of A Thousand Laugh and many more.



5

Ghana Must Go Peter Ogbudu who is popularly as Ghana Must Go is a Warri boy with so much contents that keeps audience asking for more.
 Ghana Must Go have distinguished himself from an ordinary Abuja Comedian by doing several sold out comedy concerts in and outside Abuja.
 He has also anchored several high profile events within the FCT and he also co-anchor a radio Program "Na Wetin Dey Happen" on HotFM.

Great Gift items for **Her**



Hermes
Birkin Bag



Movado
Women's Watch



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Chloe

Christian
Louboutin
Shoes



MAC 188
Small Duo Fibre
Face Brush



killarney crystal
puffed heart
pendant necklace



Great Gift items for Him

Tom Ford Glasses



Creed Green
Irish Tweed



Workout
Equipment



Sony SmartWatch



Gucci Shoes



Tommy Hilwin blue slim
fit plain blue shirt plus
matching Tie



Louis-Vuitton
Mens Messenger Bag



Gucci Wool Shawl
Collar Tuxedo Suit

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Who could be more attractive and admirable than a well-dressed child?



Keeping children stylish and trendy would give any parent some sort of pride and sense of fulfillment. Every parent desire their children to stand out everywhere they go thus searching for an appropriate outfits is always a priority especially during birthday parties or similar occasions. It is even more difficult to find a balance between fashionable and decent clothing. The K&K brand takes care of all occasions, ranging from casual hang-outs to glamorous occasions. K&K Concepts designs simple and exquisite clothing and accessories to fit children from infancy to their early teens. Other categories offered include kiddie's bridal wears, cultural and party clothing just to mention a few. The collection explores various exotic fabrics and colors in its quest to meet a diverse market, some of which include materials like Ankara, Lace, Cotton, Chiffon, Silk and lots more. In all, K&K products are very affordable, elegant and designed with utmost consideration for decency. Also, K&K offers customized services to its customers from making costumes to making uniforms for special occasions. In summary The K&K collection aims at promoting kiddies self confidence, quality childhood and adolescence memories. K&K modeling agency a sister venture gives children the chance to participate

in runway events, fashion shows, and also expose them to hold prestigious positions in the corporate world such as brand ambassadors.

On the 3rd of Demember, 2016; the first Kiddies Models were signed in from Rubies of Compassion Foundation, a Foundation that caters for the homeless and impoverished members of the society.

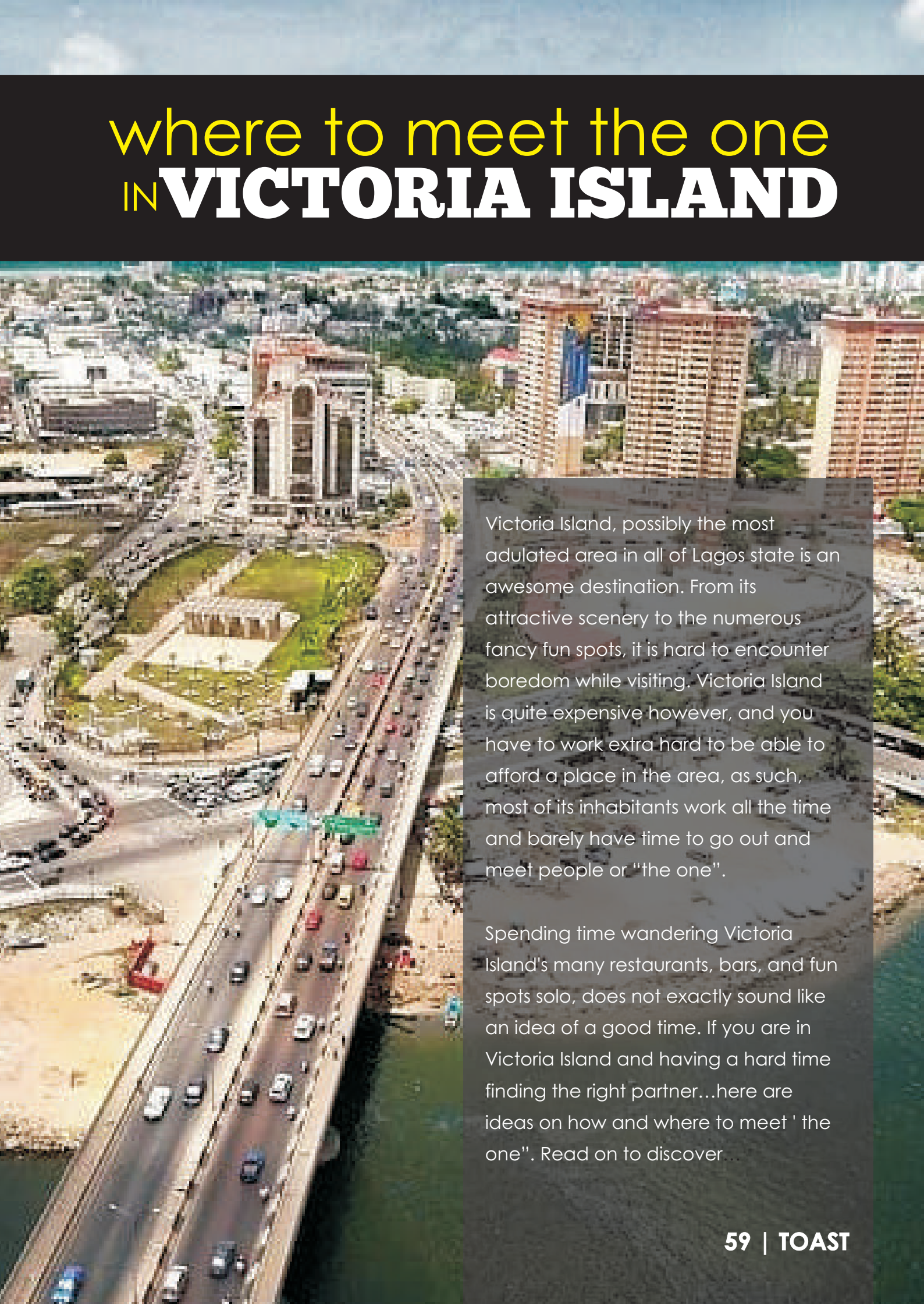
Gaston Bachelard a French Philosopher and Poet says :

"...Even a minor event in the life of a child is an event of that child's world and thus, a world event..."[1884 - 1962]

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where to meet the one IN **VICTORIA ISLAND**



Victoria Island, possibly the most adulated area in all of Lagos state is an awesome destination. From its attractive scenery to the numerous fancy fun spots, it is hard to encounter boredom while visiting. Victoria Island is quite expensive however, and you have to work extra hard to be able to afford a place in the area, as such, most of its inhabitants work all the time and barely have time to go out and meet people or “the one”.

Spending time wandering Victoria Island's many restaurants, bars, and fun spots solo, does not exactly sound like an idea of a good time. If you are in Victoria Island and having a hard time finding the right partner...here are ideas on how and where to meet ' the one". Read on to discover



Shoprite

Shoprite is the most popular shopping mall in the city with locations at key areas of the city and provides a surprising variety of opportunities to meet men and women. Single men and women in Lagos prefer a rush in to pick needed groceries after work, or in the morning on weekends. Chances are you'll find someone who lives in your neighborhood and likes the same favors you do. The good thing about Shoprite is that it is always located in a mall that offers the opportunity for instant mini-dates. If things are going well, you can say "Hey, listen, I feel like going to grab a sandwich at the food court, Come with me." Instant dates change the dynamic as you get a chance to flirt, banter and get that number.

RCCG City of David

One of the most popular and populated churches on the Island, RCCG City of David is a good place to meet 'the one' who shares the same faith and moral ground. There is a higher chance of finding serious men and women who are looking for a life partner rather than a night out on the town. Also, not only do you get edified by the sermons but you can find that perfect someone perhaps sitting right next to you.



Federal Palace Hotel

Federal Palace Hotel, one of the high-end hotels in Lagos is a perfect place to meet the one. A lot of people swarm their restaurants for business meetings and just for a fancy meal. Whatever your reasons for being there, if you are searching for the one, seize every opportunity you get and get a waiter to introduce you to the man or woman sitting and having dinner all alone...or do it yourself. Either way, make a move.



...where to meet the one in victoria island



Soul lounge

A bar typically may be one of the oldest ways to meet someone, but it still works. Soul lounge is not the trendiest bar in Victoria Island at the moment but, it definitely exudes a certain blend of sophistication and tranquility, and you rarely find skanky women in loud heels or snarky men in shiny shirts at the lounge. All you need to do is send a complimentary drink to a person of interest through a waiter or boldly walk over and strike a conversation. It could be the first of many conversations towards a happy ever after.



Mega Plaza

To be specific, the suya spot at the ground floor of Mega Plaza which basically offers the best Suya in Lagos. They have a signboard with an inscription that cracks you up but suggests to you that you stand a chance at meeting someone at the location. A stick of Suya is about N500. There is a variety to choose from: beef, chicken, livers and beef entrails. You could also order sharwarma and fresh juice from Sphinx while you are at it.



Shaunz Bar

Shaunz bar is an amazing spot for Karaoke, Live Band and Dance in VI. It's popularity comes from the fact that it's well equipped for a fun Karaoke night with quality speakers to TV screens all around down to a touch screen for your song inputs. One of the thrilling parts is that you can record your performance and take home with you on a CD. Even if you don't have it in you to take the stage, the drinks are cheap and the people watching ranges from "wow" to "that's hilarious" to "what a train wreck." No matter the level of talent however, the entertainment factor is epic. It is certainly a good spot to find the one...especially if you have a preference for someone who enjoys music.



Lagoon restaurant

This is a great place if you are looking to meet people from the upper middle class to high class. Located on Ozumba Mbadiwe Avenue, Victoria Island Lagos, the Lagoon restaurant features an outdoor space for revelers and food lovers who seek great cocktails, nice shisha, and palatable meals including Chinese, Indian or Lebanese cuisine, pizza and burgers.



...where to meet the one in victoria island

EDITOR'S PICK: TOP 6 PERFUMES FOR HIM

Here is a quick look at some amazing perfumes to try out this season



Paco Rabanne Invictus

Paco Rabanne launches Invictus, its new fragrance for men, which represents fresh and sporty creation in relation to the other perfumes of the house. The fragrance came out in July 2013. Invictus, which is Latin for "invincible," represents power, dynamism and energy. The fragrance opens with fresh grapefruit and a marine accord that lead to the heart of aromatic bay leaf and Hedione jasmine and a woody base of guaiac wood, patchouli, oak moss and ambergris. The bottle is designed in the form of a trophy. The fragrance is available as 50 and 100 ml Eau de Toilette with an accompanying collection. Invictus was created by Veronique Nyberg, Anne Flippe, Olivier Polge and Dominique Ropion.

Amouage Opus VII

Amouage Opus VII is "a green woody and leather fragrance evoking the juxtaposition of harmony with the intensity of recklessness." The Library Collection Opus VII by Amouage is an Aromatic Green fragrance for women and men. This is a new fragrance. The Library Collection Opus VII was launched in 2013. The Library Collection Opus VII was created by Alberto Morillas and Pierre Negrin. The fragrance features galbanum, pink pepper, cardamom, fenugreek, nutmeg, amber, agarwood (oud), patchouli, leather, ambergris, costus, musk, sandalwood, olibanum and cypril oil or nagarmotha.



Creed Aventus



Aventus celebrates strength, vision and success, inspired by the dramatic life of war, peace and romance lived by Emperor Napoleon. The bottle is emblazoned with a silver emblem of a horse and rider. The finest ingredients were hand-selected for this composition, and father and son developed this provocative, masculine and optimistic fragrance as a joint effort. Top notes: blackcurrant, bergamot, apple and pineapple. Heart: rose, dry birch, Moroccan jasmine and patchouli. Base: oak moss, musk, ambergris, and vanilla. Aventus is available in flacons of 30, 75, 120 and 250 ml. Aventus was launched in 2010. Aventus was created by Olivier Creed Sixth Generation and Erwin Creed Seventh Generation.

Clive Christian No1

Created with no cost spared, No 1 represents the 'non plus ultra' of British luxury. It uses the rarest and most precious ingredients, both for the fragrance as well as the bottle. Decorated with a white brilliant-cut diamond, its bottle makes No 1 the ultimate luxury perfume. Available in luxury pure parfum bottle of 30ml and 50 ml eau de parfum. In collaboration with Baccarat, the most prestigious name in the world of crystal, the famous English designer offers a No 1 limited edition: a matchless crystal bottle, enriched with an 18-carat gold inset containing a 5-carat brilliant cut diamond. A magnificent celebration of the fragrance and of the bottle: so magnificent that it received the UK FIFI award for special packaging in 2006. No. 1 was launched in 2001.



Tom Ford Tuscan Leather Private Blend is first and exclusive collection by Tom Ford, which includes twelve eau de parfums, each of them can be used solely or in combination with other fragrances from the collection. Private Blend Collection was launched in 2007. The fragrances are available in 50ml and 250ml bottles. "PRIVATE BLEND is my own scent laboratory: it's where I have the ability to create very special, original fragrances that are unconstrained by the conventions of mainstream scent-making. PRIVATE BLEND is designed with the true fragrance connoisseur n mind." Tom Ford

Thierry Mugler Angel Men

Elegant and masculine woody note of patchouli and Atlas cedar develops after the metal accord of mint and lavender. At the end, the intensive woody composition turns into an explosive energy of coffee and stirax in the warm musk and Tonka surrounding. The bottle was designed by Thierry Mugler himself, and there are two variances – a shiny metal one and rubbery black. The fragrance was launched in 1996. The nose behind this fragrance is Jacques Huclier.

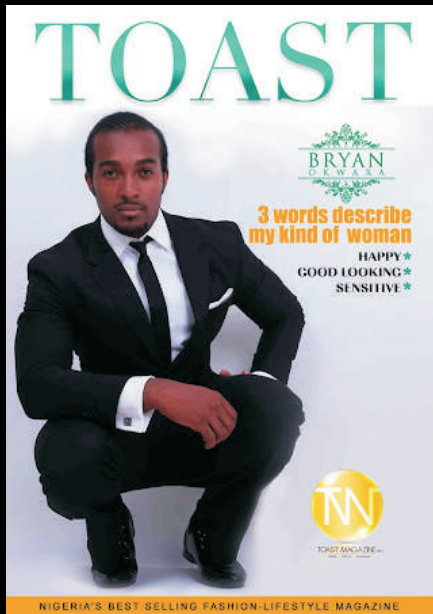


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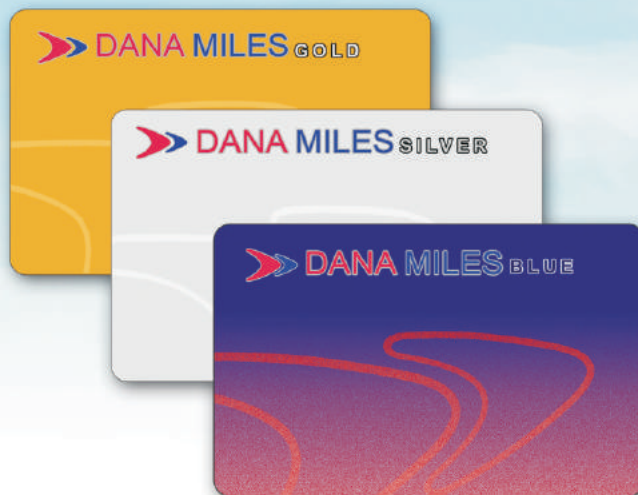
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